

Private, Custom Classes and Teacher Training Available. Call 786.252.2353.

Monday	09:00 – 10:15am	Green Monkey (South Beach)	General Level
	12:15 – 01:30pm	Fly Yoga Miami	General Level
	05:00 – 06:00pm	Yoga That	General Level
Tuesday	07:00 – 08:00pm	Lexi	General Level
Wednesday	09:00 – 10:15am	Green Monkey (South Beach)	General Level
	12:15 – 01:30pm	Fly Yoga Miami	General Level
	05:00 – 06:00pm	Yoga That	General Level
Friday	09:00 – 10:15am	Green Monkey (South Beach)	Restorative
	12:15 – 01:30pm	Fly Yoga Miami	Restorative
Saturday	09:00 – 10:15am	Dharma Yoga	Yoga for alignment

<p>Fly Yoga Miami</p> <p>(Formerly known as the Yoga Place of Bal Harbor)</p> <p>1037 Kane Concourse</p> <p>Bay Harbor Islands, 33154</p> <p>305.866.2600</p> <p>https://flyyogamiami.com/</p>	<p>The Lexi</p> <p>700 JFK Causeway, 6th fl.</p> <p>79th Street</p> <p>North Bay Village</p> <p>(across from Benihana)</p>	<p>Green Monkey South Beach</p> <p>1827 Purdy Avenue</p> <p>Miami Beach, Fl 33139</p> <p>305.397.8566</p>
<p>Yoga THAT</p> <p>763 W. 41st Street</p> <p>Miami Beach, FL 33140</p> <p>786-372-THAT</p> <p>yogathat.com</p> <p><i>*Please walk upstairs</i></p>	<p>Individual Classes</p> <p>Individual classes at the Lexi are available for \$20 each. A series of 10 classes for a 3-month duration is \$180. Please call 786.252.2353 for more info.</p>	<p>Dharma Studio</p> <p>3170 Commodore Plaza</p> <p>Coconut Grove</p> <p>FL 33133</p> <p>305.461.1777</p> <p>www.dharmastudio.com</p>