

Private, Custom Classes and Teacher Training Available. Call 786.252.2353.

Monday	12:15-1:30 PM	Miami Life Center	Multi-Level
Tuesday	7 - 8 PM	The Lexi	General Level
Wednesday	9 AM 12:15-1:30 PM	The Lexi Miami Life Center General Level Multi-Level	General Level Multi-Level
Thursday	7 PM	The Lexi	General Level
Friday	12:15-1:30 PM	Miami Life Center	Restorative
Saturday	10:30-11:45AM	Brickell Yoga	Hot Yoga with Props

Miami Life Center

736 6th Street

Miami Beach

305.534.8988

[www.MiamiLifeCenter.com](http://www.MiamiLifeCenter.com)

The Lexi:

1700 JFK Causeway (79Street)

Sixth Floor

North Bay Village

(across from Benihana)

Brickell Hot Yoga:

301 SW 17th Road Miami Florida

33129

305.856.1387

[www.brickellyoga.com](http://www.brickellyoga.com)

Please call 786.252.2353 for more info